

My occupational health insurance (OHI)

MyHealthBudget Best

Hardly anything in life is more important than good health. How nice it is to know that you are well protected. With MyHealthBudget Best¹, we ensure that you receive excellent benefits and the best medical care. And what's more: You decide for yourself what keeps you healthy and makes you healthy!



How your OHI – your individual premium protection – works

Your employer has agreed an annual "health budget" of EUR 600 with us.

We will reimburse the costs for **the benefits listed below** up to a budget of EUR 600 per year as well as an additional 90% of the costs for dentures.

Well-covered all round – these are the benefits provided by your OHI



Visual aids

Glasses and contact lenses, max. EUR 200 p.a.

Surgical correction of visual acuity e.g. laser surgery Natur

Natural therapies

With alternative medicine practitioners and doctors (e.g. chirotherapy, chiropractic, osteopathy)¹



Medicines, remedies and aids

Prescribed
medicines/dressings,
remedies and aids
including
co-payments



Dental check-ups and treatments

Including for fillings, root and periodontal treatments as well as additionally max. EUR 100 p. a. for professional tooth cleaning and bleaching



Dentures

90% for dentures, inlays and implants incl. SHI benefits

Highlight: This benefit is "on top". It isn't deducted from the budget!





Our strong benefits – your advantages

- 100% reimbursement within your "health budget".
- Great health services for you and your whole family.
- Cover for ongoing and advised treatments from the start of insurance.
- ✓ Your employer pays the premiums.
- Without any medical examinations or waiting periods: Protection from day one.
- Easy continuation of private insurance in plans with similar benefits in the event of a change of employer or retirement without medical examination.



- ${}^1\text{MyHealthBudget Best consists of a combination of the plans MyHealthBudget kombi 600 and Dentures Best.}$
- ²Alternative medicine practitioners: Within the framework of the scale of fees for alternative medicine practitioners, doctors: Benefits of the "Hufelandverzeichnis" according to the German Scale of Medical Fees.



Important health services for you and your family¹



24/7 medical hotline

By independent experts – in suitable cases*



24/7 medical video consultation

Digital consultation with a general practitioner or specialist – in suitable cases*



Specialist referrals

Prompt appointments with a specialist near you – without long waiting periods



Allianz relieves pain

Fast assistance, e. g. for back, knee or shoulder problems



24/7 Allianz nursing assistance

Comprehensive support in the case of longterm care of a family member – at any time and even at your home

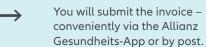
Curious? You can find access to your services and interesting information related to health at: gesundheitswelt.allianz.de/bkv

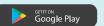
Invoice submission made easy!

Fast, safe, cost-saving and environmentally friendly – with the Allianz Gesundheits-App.

You will receive an invoice and settle it.









It is best to register directly in the app and get additional access to all services!



You will receive a refund – usually within a few days if you use the app.



Good to know

How long does my insurance cover last?

You have full health protection for as long as you are employed by your employer and the OHI is in place. Your OHI ends if you change employer, retire or have your 70th birthday. Our offer for you: You can continue your insurance privately in plans with similar benefits.

Where can I find all the details about MyHealthBudget Best?

For a more detailed overview of your insurance, please refer to the benefit information sheets. You will receive these when your employer registers you for the OHI. The current insurance terms and conditions at the time of conclusion of the contract contain all binding contract contents. You can check these with your employer.

- ¹Family members are, for example, spouses and partners, children or parents, grandparents and parents-in-law.
- *A case is suitable if personal medical contact is not required according to generally recognized professional standards.

 For example: simple symptoms such as skin changes (itching / redness) or general questions about health care.

 All services are currently valid (as of March 2022). Individual services may be discontinued, supplemented, or amended in the future.



Do you have any questions?

Your personal agent would be happy to help you. If you have any questions about the benefits, please call our service hotline: 08 00 5 89 33 96, available Mon to Fri 8:00 a.m. – 8:00 p.m.

We are	there v	vhen it r	natters.		